



TRAINING

Information Pack



Since 2012, the Snowdrop Project has supported over 400 survivors of human trafficking and modern slavery in their recovery and to live lives free from their past.

SNOWDROP TRAINING



ABOUT SNOWDROP

The Snowdrop Project is a South Yorkshire based charity that provides long-term holistic support to empower survivors of human trafficking in the UK to recover from their past and rebuild their future. Our services include casework and befriending, counselling, community activities, house renovation, training, consultancy, policy work and partnerships.

We are passionate about survivors of trafficking receiving high quality support and are honoured to offer our expertise to bring interesting and engaging training content that makes a difference to practice.

We run training for statutory and voluntary service bodies including the police, social services, mental health services, anti-trafficking charities, adult safeguarding, housing support agencies, universities, drug and alcohol agencies and youth work programmes.

As one of the co-authors of the 'UK training framework for identifying and supporting survivors of trafficking', we offer high quality and up to date content from trainers with experience working in the field. Training is delivered through interactive and engaging teaching methods, accompanied by relevant handouts, tools and resources.

"I found this training engaging. It was useful to consider the nuances of trafficking/slavery, how systemic the problem is and the process of getting advice. The section on working with translators was also excellent."

- Nottingham City Council



SUMMARY OF MODULES

Below is a summary of modules currently available. Sessions can be delivered online or in person and can be tailored to the needs of your organisation.

"The Snowdrop training is very interactive with lots of examples and room for reflection. The training has already impacted my practice."

- Housing for Women, London

• INTRODUCTION TO MODERN SLAVERY & HUMAN TRAFFICKING

1 or 2 days

- What is trafficking?
- Indicators, vulnerabilities/precarities, control elements
- Barriers to disclosure
- What to do for children/adults
- National Referral Mechanism (NRM)
- First responders
- Entitlements
- Post-NRM
- Impact of trafficking
- Best practice supporting survivors
- Working with interpreters
- Trauma

• BOUNDARIES, EMPOWERMENT AND ANTI-OPPRESSIVE PRACTICE

3 hours

- Developing trust
- Working with interpreters
- Internal & external barriers
- Anti-oppressive practice
- Discrimination
- Elements of power & use of power
- Empowering victims
- Reflective practice
- Self-care
- Professional boundaries

• ASYLUM AND THE NRM

3 hours

- What is an asylum seeker and a refugee?
- Overview of the asylum process
- Support available to asylum seekers
- What happens when leave is refused?
- What happens when leave is granted?
- How does the NRM interact with the asylum process?
- Useful terminology & resources

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• INTRODUCTION TO WORKING WITH TRAUMA

3 hours

Introductory session suitable for people with limited or no experience of working with trauma

- What is trauma
- Attachment theory
- Introduction to neuroscience
- Triggers
- PTSD
- Impact on health
- Self-harm & suicide
- Basic tools for supporting a traumatised person
- Vicarious trauma & self-care

• SUPPORTING PEOPLE WITH COMPLEX TRAUMA

1 day

In-depth session suitable for workers who provide advocacy, support or interventions to people known to be affected by trauma. Session delivered by trauma specialists.

- Understanding trauma & complex trauma
- Insight into neuroscience
- Identifying signs of complex trauma
- Engaging people with a trauma-informed approach
- Empowering people with grounding & stabilisation techniques
- Vicarious trauma & self-care

• THE CARE ACT, CONFIDENTIALITY AND COMPLEX NEEDS

3 hours

- Safeguarding and the Care Act
- Advocacy and the law
- Safeguarding, confidentiality and consent
- Needs assessments and inter-related needs
- Immediate, short-term and long-term needs

• EFFECTIVE RECORDING

2 hours

- Why good recording is important
- Appropriate language
- Key principles of effective recording
- Practical application

"Brilliant training, would highly recommend."

- NHS, Rotherham

BOOKING

To book our training or discuss your training needs in more detail, you are welcome to contact our Training Lead, Rachel Dale by emailing rachel.dale@snowdropproject.co.uk